

# RUTH GOTIAN



**About:** Chief learning officer and assistant professor of education in anaesthesiology, Weill Cornell Medicine; former assistant dean for mentoring and executive director of the Mentoring Academy.

**Ideas:** How and why do some people thrive while others don't? According to Gotian, the secret sauce is mentoring. Her work takes a deep dive into the impact of mentors, the key behaviours of high achievers, and how to optimize productivity and success for yourself and those around you.

**Content:** Numerous articles in Forbes, Nature, HBR, Chief Learning Officer, BMC Medical Education, Academic Medicine; [ruthgotian.com](http://ruthgotian.com). *The Success Factor Developing the Mindset and Skillset for Peak Performance* (forthcoming).

**T50 Verdict:** "Prolific mentor and educator, leading important research into the secrets of success."